



Serving Idaho and Oregon
since 1993

CARE AT HOME

FEBRUARY 2012



"People who laugh actually live longer than those who don't laugh. Few persons realize that health actually varies according to the amount of laughter."

James J. Walsh

Ken and Vicki Salerno are the perfect example of high school sweethearts. They know what it takes to make a marriage work. Not only do they live together and have a family, they run Care at Home as a team. Ken and Vicki are the rare type of people that honestly and truly care about every single employee that works for them and make the time to check in whenever they have the opportunity. Vicki is always knitting something for someone's new baby, or a housewarming gift for someone that has just moved. Ken enjoys road trips on his motorcycle and loves the feel of wind blowing through his hair. They always provide an ear when you have a suggestion and are kind and compassionate with each other as well as their employees. Their daughter, Fabri, is a smiling face in the Caldwell office. She loves horses, dogs, and babies. On Wednesdays, she volunteers at the Baker City Food Co-op. Tres, their son, is an RN. He lives with his wife, Julia, a Professor of Violin and Viola at Eastern Washington University. Tres and Julia have twin babies, Luci and Dru. The Salerno's raise Belgian Tervuren dogs. Joules travels with Vicki to the offices as a therapy dog through Therapy Dogs International. She visits the residents in several assisted living facilities, skilled nursing facilities, and elementary schools in Oregon and Idaho. Thank you Ken and Vicki for being the sweethearts that you are!



COOKIES 'N CRÈME PIE

1 Large Box Cookies 'N Crème Pudding

2 Cups Cold Milk

1 Graham Cracker Crust

In a medium bowl, add the pudding mix to the milk and whisk together for 2 minutes. Pour the pudding into the crust and refrigerate for 30 minutes.

VARIATIONS:

Slice a banana over the crust, then pour banana pudding over the bananas.

Frozen raspberries or strawberries with raspberry, strawberry, or mixed berry pudding.

Care at Home opened in 1993 to a full range of service in the home. We serve all ages and our goal is to meet each need individually, and keep you safe and independent in your own home. Everything from housekeeping, sitters, transportation, and shopping to skilled nurses and therapists. We can even help care for loved ones, pets, or plants while you go on vacation. Every staff member has a criminal background check and is directly supervised. Our team is the best! We work in 11 counties in both Idaho and Oregon, and have someone to take your call 24 hours a day. Never a machine!

VISIT US ONLINE!

www.careathomehh.com

www.facebook.com/CareAtHomeIdahoOregon

CALL US TOLL FREE AT:

1-866-311-7773

We are here to help you!

Whether you need a little help or a lot, we are ready to assist you. Here are some of the things we can do for you, and maybe you have other ideas to add to this list.

- ◆ Errands
- ◆ Meal Preparation
- ◆ Housekeeping
- ◆ Exercise
- ◆ Shopping
- ◆ Escort to doctor's appointments
- ◆ Special Events
- ◆ Companionship
- ◆ Personal Care
- ◆ Medication Reminders
- ◆ Bathing
- ◆ Transfer Assistance
- ◆ Respite Care
- ◆ Laundry
- ◆ Help Taking Your Pet to the Veterinarian